

Pedal Aussie Covid-19 Plan and Policy Pedal Aussie

Pedal Aussie will run events at the discretion of the Pedal Aussie Tour Organisers

Subject to the relevant Government edict banning sporting events of this nature.

Pedal Aussie Tour Responsibilities:

- Pedal Aussie Tours and any volunteers will need reasonable care with food handling, sanitation and observe social distancing rules and regulations.
- Bicycle touring can be undertaken individually and in groups.

- Participants are not to book or attend Pedal Aussie Tours for fourteen days if:
 1. You have been in any of the high risk declared zones, places.
 2. You are concerned you may have been in contact with anyone that has Coronavirus whatever strain.
 3. If you develop a fever or cough, seek medical advice urgently.

- Isolate yourself get medical advice obviously do not attend any Pedal Aussie Tours.
- Seek a Covid testing immediately.
- Pedal Aussie Tour briefing , maintain the recommended spatial distances, 1.5 m.
- You can go for a Pedal Aussie Tour with other people.
- Each person must maintain physical distancing and stay 1.5 metres apart.
- During the Pedal Aussie Tour, do not clearing your nose.
- When you do go for a Pedal Aussie Tour you should avoid sharing equipment.
- Be mindful of where you place your helmet, glasses, gloves and your kit.
- Keep them with your bike or on yourself.
- When you return from a Pedal Aussie Tour, wash your hands thoroughly and wipe down your bike, helmet, and any gear.
- Pedal Aussie Tours may also wish to exercise due caution with regards to food planning during a Pedal Aussie Tour ,such as making sure a bakery or servo, roadhouse is open or when carrying their own food.
- Pedal Aussie prefer that you conduct your own risk assessments, rather than Pedal Aussie taking the decision away from you.
- Pedal Aussie Tours from overseas will need to ensure they allow for two-week isolation on arrival in the country.

Pedal Aussie Tour Organisers Responsibilities

- The Pedal Aussie Tour organiser is responsible to provide advice which is pulled together from relevant health, government, and sporting bodies. If this changes, we will update this document as able.
- You are also responsible for you and to keep up to date on the relevant government websites especially to and from the tour.
- Pedal Aussie's guidelines have been taken from current government documents or websites.

Pedal Aussie will undertake an initial pre-Pedal Aussie Tour deep clean and implement an environmental cleaning schedule to ensure frequent cleaning and disinfection of high touch surfaces.

Common contact surfaces include:

- benches and workstations.
- door and car handles.
- tap at water-tank.
- eating and drinking utensils.
- tables and chairs - including underneath

- kitchen and food contact surfaces.

Cleaning schedules of caravan parks will be checked on arrival at each park.

They will promote and ensure all Pedal Aussie Tours adhere to the above Pedal Aussie Tours responsibilities whenever possible.

Warnings will be issued as necessary and continued noncompliance may lead to expulsion from the Pedal Aussie Tour.

Appropriate hand washing facilities and hand sanitisers will be provided at all meal stops and disinfectant wipes will be provided for the wiping down of cycling equipment at beginning and end of the day's Pedal Aussie Tour.

It is recommended that for each Pedal Aussie Tour you always carries a bottle of hand sanitiser.

Masks are your responsibility and to be carried in your kit. Recommended that you self-isolating on the Pedal Aussie Tour and if they have a cough or runny nose.

If a Pedal Aussie Tour has any corona symptoms, unusual headache, unrelated myalgia, stuffy nose, nausea, vomiting, diarrhoea, or cough during the Pedal Aussie Tour they will be assisted seeking a test and whilst waiting results they will be required to Pedal Aussie Tour separately from the group and isolate in their tent at night. If the result comes back positive, then strict government guidelines will be followed.

Meals (when provided by Pedal Aussie) will be purchased with vouchers and the team at the hotel of roadhouse facility.

Strict hand washing before every meal and after every toilet event and will be policed.

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